

ACMS Informed Consent Script
Updated December 2021

You can use this script or just walk through the consent form and ask if there are any questions.

"This document covers the unique features around confidentiality and its limits for physicians accessing the PVP, as well as a few other details of the program. As you're looking over it let me summarize it with you, which I like to do with everyone accessing the program for the first time.

Number 1 covers confidentiality. Everything we talk about in here is kept confidential between you and I. While this follows all of the same laws as usual for any client of mine, we are taking a few extra steps with physician vitality program to make sure utilization of these services is private.

First, I only keep my limited therapy notes handwritten and do not store clinical notes electronically OR I do keep some limited therapy notes about your treatment electronically.

I also use electronic software that stores your name in it in the following ways (identify):
Scheduling Software | _____

Second, for referrals or any situation where I'd have to share your name, I will get your written permission or if you provide it to me verbally, I will make a written note. I may consult about cases with other PVP providers or the volunteer medical director, a psychiatrist, but will do so without threatening your anonymity.

The only time I would have to "break" these rules of confidentiality is when someone's safety is in imminent risk. So, if someone talks about wanting to hurt or kill themselves, hurt or kill someone else, or a dependent child, disabled or elderly person is being abused or neglected, then the law and my own ethics would dictate that I take whatever steps are necessary to make sure people stay safe.

For this program, in the event a you may appear to be impaired significantly enough to potentially compromise patient safety, such as in the presence of a significant substance use disorder or significant maladaptive behaviors, I will have a frank discussion with you and encourage them to voluntarily refer yourself to appropriate resources such as the Physician's or Nurses' Recovery Network.

Finally, all billing and related info is completely separated from your name. I only write that down on your file kept here. Neither ACMS nor anyone involved in managing this program outside my office will be aware of who is accessing services, unless you have told them yourself or given me permission because of benefit questions or other reasons.

ACMS does reserve the right to audit the records of my service to ACMS members without violating confidentiality of individual member utilization. If they did this, their promise is to retain an independent attorney or CPA firm located far enough away from the Treasure Valley Idaho area to allow for a high assurance of member anonymity.

Number 2 says that as part of the PVP, starting today and for twelve months, you can access _____ appointments based on your qualification with _____ member association. This is inclusive of any other PVP therapists on contract that you've accessed through an association member benefit.

If you want services beyond those limits, you can coordinate with me, or whoever you choose, to receive regular psychotherapy services through the usual clinic and payment structures. Twelve months from today, you can start over with another batch of _____ free sessions. I should ask you now, have you already accessed any PVP therapists through this program in the past 12 months; if so, what was your first date and how many appointments?

Also, even if you qualify under another membership association than the one you are utilizing benefits for today, you can't stack them on top of each other. You can only use one membership association benefit allotment in a 12 month period.

This doesn't preclude you from paying me directly, or using an insurance benefit, or (if applicable) if you are part of the University of Washington Pscyh or IM residency programs, using their allotment of services for which I may contract.

Number 3 is about eligibility. Basically, this program is for current members of the ACMS, or another medical association you are a member of. I am assuming that your dues are current and you intend to remain a member with them over the course of our time together.

(If there was any question about whether or not they were a current member, please utilize the means provided to verify their membership status and remedy it before their next appointment.)

Number 4 is simply to state that ACMS has made me and other therapists available to you for service under this program, but doesn't control us as independent contractors. They cannot guarantee whether or not treatment and care provided will meet the needs and goals you have.

I am paid at the rate of \$125 per hour.

Number 5 is the appointment cancellation policy. Basically, please show up on time, otherwise we may have to reschedule. Please give me 24 hours notice if you can't make it. No shows or late cancels count against your 8 total appointments per benefit year.

Also, that by participating in this program you agree to hold harmless ACMS and everybody associated with managing or overseeing ACMS or the program or the same for other medical societies you are using the benefit under.

Number 6 says if I'm not a good fit for you for whatever reason I'm happy to help you coordinate transferring care to another therapist, either with the PVP program or outside of it, or you can just call them directly. But again, you only get your association's allotted # of appointments per benefit year regardless of who you see and coverage is only for those under contract with ACMS..

Number 7 says that accessing these services are completely voluntary and I won't work with, or report to, members' employers, or the board of medicine, or any disciplinary board for that matter, for any kind of "mandated" therapy. However, YOU may request me to provide progress of your treatment to whomever you wish.

Finally, number 8 covers some unique features of collecting demographics about folks accessing this program. ACMS wants to do this to help tailor the program over time to make it as useful as possible to the medical community here. Great lengths are taken to make sure no one is identifiable in this

process. However, if you think the unique combination of your specialty, age, gender, employment makes you identifiable, we can obfuscate some of those data points that so that it doesn't.

Do you have any questions about any of this?"